



## Home Decluttering and Organising Services for Sydney, NSW

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- Serving private clients and NDIS participants (self-managed and plan-managed)
- Providing assistance to a wide variety of people: families, young people, couples, singles, the elderly, and those living with illness, mental or physical disability.
- Supporting NDIS participants, as a non-registered NDIS Service Provider, to live more independently, through home and life organisation, capacity building and skills coaching.
- Servicing most suburbs in Sydney within the council areas of: Bayside, Burwood, Canada Bay, Canterbury-Bankstown, Georges River, Hunters Hill, Inner West, Lane Cove, North Sydney, Parramatta, Randwick, Ryde, Strathfield, City of Sydney and Sutherland Shire.

### Areas of Assistance

- **Decluttering and organising the home to improve quality of life:** I provide hands-on help to assist clients sort through their possessions, reduce clutter and organise areas of the home such as: the kitchen, pantry, bedroom, wardrobe, laundry, linen closet, living spaces, work spaces and paperwork, spare room, craft areas, play rooms, storage spaces.
- **Organising systems and routines to encourage independent living:** I implement tailored organising systems for clients, including effective storage solutions, customised labelling and support with routines and maintenance systems to improve daily living.
- **Organising skills development to build self confidence and coping skills:** As a professional organiser, I transfer decluttering and organising skills to clients to improve their self confidence and quality of life. I provide caring and objective guidance and support clients to make their own decisions.
- **Health and safety support and improvements:** As the client's wellbeing is paramount, I identify and help to minimise or eliminate any slip/ trip hazards, fire risks and other health and safety concerns. As decluttering and organising can be physically demanding, I work alongside clients and can do the lifting, moving and rearranging.
- **Donations removal:** It can often be challenging for clients to remove their unwanted belongings from their home due to time pressures, physical ability, transport etc. I can facilitate the donation of items to local charities, where practicable.



Georgia Holmes, Professional Organiser at Thriving Spaces

- Professional Member of the Institute of Professional Organisers (IOPRO)
- Police Checked
- Fully Insured – Public Liability and Professional Indemnity
- Covid Safe practices in place and fully vaccinated

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