



HOW TO DISPOSE OF UNWANTED ITEMS In Sydney

FREE DOWNLOAD

**A Resource Guide to help you:
Donate, Recycle, Sell, Discard**

DONATIONS

CHARITY SHOPS

Due to COVID-19 some charities are not accepting goods at the moment, please check first and respect their current terms and conditions.

- **Australian Red Cross Op Shop** - <https://www.redcross.org.au/support-us/red-cross-shops/donate-clothing-and-goods>
- **Vinnies** - <https://www.vinnies.org.au>
- **Salvos** - <https://www.salvosstores.com.au/donate/>
- **Save the Children Op Shops** - <https://www.savethechildren.org.au/get-involved/op-shops>
- **Lifeline** - <https://www.lifelineb.org.au/donation/donate-goods/>

BOOKS

- **Lifeline Australia** - accepting donations of books, CDs, DVDs, puzzles and games at their book depot location at 18 Roger St, Brookvale: <https://www.lifelineb.org.au/book-fairs/>
- **The Footpath Library** – collects books and magazines and encourages literacy for homeless people: <https://www.footpathlibrary.org/>
- **Street Libraries** - Street Libraries are homes for books in people's front yards, accessible from the street, and are an invitation to share the joys of reading with your neighbours: <https://streetlibrary.org.au/find/>
- **University textbooks** - StudentVIP is Australia's largest university textbook market: <https://studentvip.com.au/textbooks/sell>

CHILDREN'S ITEMS (FURNITURE, CLOTHES, TOYS ETC)

- **Dandelion Support Network** - accept new and excellent quality used baby gear, nursery furniture, children's clothes and toys:
<https://dandelionsupport.org.au/support-us/donate/>
- **Second Chance Toys** – accepts donations of plastic toys and distributes to local organisations: <https://www.facebook.com/SecondChanceToysNSW/>

CLOTHES

- **Dress for Success** – accepts donations of professional attire:
<https://sydney.dressforsuccess.org/>
- **Fitted for Work** - donate quality work attire to help long term unemployed and disadvantaged women obtain work:
<http://www.fittedforwork.org/>
- **Thread Together** – accepts donations of unused clothes:
<http://threadtogether.org/>
- **ClothesLine** – accepts donations of clothes, blankets and toiletries:
<https://www.clothesline.org.au/>
- **The Uplift Project** – accepts donations of bras in good condition:
http://www.upliftbras.org/drop_off_bras.html
- **Support the Girls** – accepts donations of bras, underwear, sanitary products and toiletries: <https://www.supportthegirls.com.au/donate/>
- **H&M** – accepts donations of unused clothes for either reselling, reuse, or recycling as fabric:
<https://www.hm.com/au/inspiration/ladies/16r-garment-collecting>
- **Clothing Cleanup** – free door-to-door collection service:
<https://clothingcleanup.com.au/>
- **The Clothing Exchange** – swap your preloved garments at professionally hosted events across Australia:
<http://www.events.clothingexchange.com.au/>
- **SWOP Local Clothing Exchange** – buy, sell or trade high quality pre-loved clothing: <https://swop.net.au/>

FABRICS, MATERIALS, HABERDASHERY, KNITTING ETC

- **Knitters Guild NSW** – provides a list of charities in Australia who are happy to receive knitted and crocheted garments. The Knitters Guild accepts donated yarn: <https://www.knittersguildnsw.org.au/charity>
- **The Sewing Basket** – accepts donated fabrics and patterns, patchwork, embroidery materials, knitting and crochet yarn, haberdashery, and more: <https://achieveaustralia.org.au/the-sewing-basket/>

HOUSEHOLD ITEMS

- **The Bower Re-use and Repair Centre** – accepts donations of second-hand furniture, electrical appliances, household goods, salvaged building materials etc: <http://bower.org.au> - Hut 34/ 142 Addison Road Marrickville. Phone (02) 9568 6280
- **Friends With Dignity** – accepts donations of linen, laundry items, kitchen items and toiletries: <http://www.friendswithdignity.org.au/> and <https://www.facebook.com/FriendsWithDignity/>
- **The Generous and the Grateful** – accepts donations of whitegoods and furniture: <https://www.generousandgrateful.com.au/>
- **Givit** – connects donors to charities: <http://www.givit.org.au/>
- **Good360** – accepts donations of unwanted inventory and re-distributes it to those in need: <http://good360.org.au/>
- **Lions Recycle for Sight Australia** – collects reading glasses and sunglasses to donate to charities around the world as well as remote Australia. You can drop off or send glasses to most Lions Clubs around the country: <http://lionsclubs.org.au/activities/health/vision-hearing/recycle-for-sight/>
- **Salvation Army** – call on 13 SALVOS (13 72 58) or fill out the online form to arrange for their trucks to collect large items you can't deliver yourself: <https://salvos.org.au/donate/clothing-and-goods/>
- **Ziilch** – help people in your community by giving away your stuff for free: <http://au.ziilch.com/#/wanted-items>

LINEN, OLD TOWELS, BEDDING

- **RSPCA NSW** – is always in need of extra towels, sheets, blankets and bedding to make the lives of animals living in care more comfortable: <https://www.rspcansw.org.au/blog/animal-care-information/towels-blankets-bedding-donate-rspca-nsw/>
- **Animal shelters, animal hospitals and vets** will often take donations of towels and bedding

MATTRESSES

- **Soft Landing** – Mattress recycling - ACT, N.S.W, WA and Victoria: <https://www.softlanding.com.au/collection-drop-off-points/>
- **IKEA** - <https://www.ikea.com/au/en/customer-service/services/removal-recycling/>

MISCELLANEOUS ITEMS

- **Reverse Garbage** – accepts a vast range of items, including anything that is suitable for crafting and making, including containers, timber, metals, textiles, commercial over-runs and industrial off-cuts. For a full list: <https://reversegarbage.org.au/contribute/donate-your-stuff/>

TOILETRIES + MEDICATIONS

- **Return Unwanted/ Expired Medicines** – to your local pharmacy. Your pharmacist will put your medicines in a secure bin for collection and safe disposal: <https://returnmed.com.au/>
- **The Beauty Bank** – accepts donations of unused beauty products, handbags, jewellery, and accessories: <http://www.thebeautybank.org/>
- **Every Little Bit Helps** – accepts donations of unused complimentary hotel toiletries, airline amenity kits, sanitary items, make up and cosmetic samples: <https://www.elbh.org.au/>

SELLING ITEMS

- **Ebay** – <https://www.ebay.com.au/>
- **Gumtree** – <https://www.gumtree.com.au/>
- **Facebook Marketplace** – <https://www.facebook.com/marketplace>

VALUABLES/ ANTIQUES

- **Lawson's Auctioneers and Valuers Sydney** – auction house that handles a wide range of property from domestic and general possessions through to high end art, antiques, jewellery, and home contents auctions:
<https://www.lawsons.com.au>

RECYCLING

- **Recycling Near You** - search for information about the recycling and waste services offered by your council: <https://recyclingnearyou.com.au/materials/>
- **Reuse Hub** - find information on ways to donate, trade or exchange pre-loved items via community recycling programs, charity 'op shops', swap parties and online trade/exchange forums:
<https://recyclingnearyou.com.au/reuse-hub/>
- **TerraCycle** - offers free national recycling programs to help you collect and recycle your hard-to-recycle waste (eg pens, coffee pods, contact lenses, razors, oral care products, beauty products packaging etc):
<http://www.terracyclemap.com/>

E WASTE

- **Drop Zone** - nationwide recycling service for televisions, computers, printers and computer peripherals.
- **ERNI** - are grateful for, and rely on, donations of computers and related equipment in working order or not. Selected computers are refurbished and made available to people with disabilities
- **Mobile Muster** - the official recycling program of the Australian Mobile Phone Industry
- **TechCollect** - recycling e-waste responsibly. Free national recycling service for computers, computer accessories and TV's (e-waste)
- **Recycling Near You: Ink Cartridges**
- **Officeworks** - e-waste recycling, printer cartridge recycling, battery recycling, pen recycling and more

DISPOSAL OF RUBBISH + PROBLEM WASTE

GARBAGE REMOVAL

- Your local council
- 1800-Got-Junk - www.1800gotjunk.com.au

CONFIDENTIAL DOCUMENT SHREDDING

- <https://sydneyshred.com.au/>
- <https://www.shredit.com.au/>

HOUSEHOLD PROBLEM WASTE

- **Community Recycling Centres** - common household problems wastes, including fluorescent lights, smoke detectors, paint, gas bottles, fire extinguishers, batteries and oils, can be taken here throughout the year: <https://www.epa.nsw.gov.au/your-environment/recycling-and-reuse/household-recycling-overview/community-recycling-centres>

HOUSEHOLD CHEMICAL WASTE

- **Household Chemical CleanOut events** - safely dispose of potentially hazardous household chemicals via these free collection events held across NSW on specified dates: <https://www.epa.nsw.gov.au/your-environment/recycling-and-reuse/household-recycling-overview/household-chemical-cleanout>
- **Cleanway Environmental Services** - a household chemical cleanout service who collects directly from your household (fees apply). Phone 1300 785 003: <http://www.cleanway.com.au/>
- **Paintback** - recycle unwanted paint and packaging: <https://www.paintback.com.au>

ABOUT ME



Hi! I'm Georgia Holmes. I'm a *professional organiser and decluttering consultant* and the founder of Thriving Spaces.

I work with individuals and families who feel overwhelmed by the things that have accumulated in their homes - whether it's clothing, books, household items, paper, knick knacks, inherited or sentimental items, you name it.

I help them declutter and simplify their spaces, systems and routines so they can create and maintain a clutter-free, organised and restful home and make time for the important things in their life.

Learn more about the work I do here: <http://thrivingspaces.com.au/services/>

I've created this guide because when you know about the options that are available to responsibly rehome or dispose of items you no longer need, use or love you can let go of the guilt and uncertainty and get that stuff out the door!

If you know of any other avenues to dispose of items that haven't been listed in this guide, please feel free to share them with me so that I keep this list as detailed and up to date as possible. Just email me at hello@thrivingspaces.com.au

Wishing you the very best on your decluttering and organising journey!

Georgia

Disclaimer: The information contained in this guide is valid at the time of publication. Please check with the organisations listed to ensure they're still operational and willing to accept your items before making a trip. I apologise if any of the links have changed or been removed by the time you make use of this guide.

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